



**ENERGY EFFICIENCY**

*Tip of the Month*

Your heat pump can use 10 percent to 25 percent more energy if it's not properly maintained. Check and replace the air filter when it's dirty, keep the area around the outdoor unit tidy, and dust the return registers inside. For maintenance tips, visit [EnergySavers.gov](http://EnergySavers.gov).

—US DEPARTMENT OF ENERGY

**New tool predicts ice accumulations**

In a disaster scenario, preparedness is everything. A new weather tool available to utilities nationwide promises to be—if not a game changer for electric cooperative ground forces—at the very least a tremendously useful tool in the arsenal of storm readiness.

Created by veteran electric cooperative professional Sid Sperry and meteorologist Steve Piltz, the Sperry-Piltz Ice Index charts and predicts the potential severity of ice storms in similar fashion to hurricane forecasting. By studying maps of predicted ice accumulations and wind speeds in particular areas, electric co-op personnel can assess with greater accuracy where outages and damage are more likely to occur.

Dennis Krueger, Kiwash Electric Cooperative general manager, said he reviewed the Ice Index when it was in the design stage. "While we have great expectations that this will help us, until we get hit with an ice storm and are able to use the Ice Index to its full potential, we won't really know," he said.

With the tools of the Ice Index, Kiwash personnel can watch a storm approach and determine which parts of co-op service are more likely to experience heavy ice. "If we can know that information even 24 to 48 hours in advance, we can mobilize contractors, and get extra materials ordered if necessary," Krueger said.



Kiwash Electric has experienced two major ice storms in the past eleven years. A 2001 storm destroyed 4,200 poles and caused widespread outages. Another storm occurred in December 2009. Similar disasters across the state prove to co-ops—and consumers—that Mother Nature does not play nice with ice. "The more prepared we are when a storm arrives, the more efficient we will be in restoring power to our members," he said.

A full report on the Ice Index appears in the February 2013 issue of *Oklahoma Living*. View it online at [www.ok-living.coop](http://www.ok-living.coop).



**BILL PAYMENT LOCATIONS**

Kiwash Electric  
120 W. 1st Street  
Cordell, Oklahoma

Pay online:  
[www.kiwash.coop](http://www.kiwash.coop)

Custer City Hall  
Custer City, Oklahoma

First National Bank  
Thomas, Oklahoma



The Kiwash Electric Cooperative board of trustees and general manager in 1944 included (standing) A.H. Weichel; K.J. Kleiwer; Gerald Goodwin, Kiwash Electric general manager; J.T. Bailey, Kiwash Electric attorney; D.B. Deeds; F.C. Hawkins; and C.H. Nickel. Seated are M.N. Chitty; Donald Russell; Walter Mason; and W.R. Duggan.



KIWASH ELECTRIC  
COOPERATIVE, INC.

*Providing the service  
that lights up your life.*

**Office Location**

PO Box 100  
120 W. 1st Street  
Cordell, Oklahoma

(888) 832-3362  
[www.kiwash.coop](http://www.kiwash.coop)

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on Facebook

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INSIDE YOUR CO-OP



**By Dennis Krueger**  
GENERAL MANAGER

## Root Beer and Twinkies

February 14th is the day dedicated to love. Love by definition is "a strong affection or liking of someone or something," according to Webster's New World Dictionary. I love some of the stories that are passed down, especially the ones that touch our hearts. Allow me to share one of my favorites from an unknown author that I deemed important not only for the day of love; but for humanity sake in the wake of the violence and evil that has penetrated our hearts lately.

A little boy wanted to meet God. He knew it was a long trip to where God lived, so he packed his suitcase with a six pack of Root Beer and Twinkies and started his journey. When he had gone about three blocks, he met an elderly man. The man was sitting in the park just feeding some pigeons.

The boy sat down next to him and opened his suitcase. He was about to take a drink from a root beer when he noticed that the man looked hungry, so he offered him a Twinkie. The man gratefully accepted it and smiled at the boy. His smile was so pleasant that the boy wanted to see it again, so he offered him a root beer.

Again, the man smiled at him. The boy was delighted! They sat there all afternoon eating and smiling, but they never said a word. As it grew dark, the boy realized how tired he was and got up to leave, but before he had gone more than a few steps, he turned around, ran back to the

man, and gave him a hug. The man gave him his biggest smile ever.

When the boy opened the door to his own house a short time later, his mother was surprised by the look of joy on his face. She asked him, "What did you do today that made you so happy?" The boy replied, "I had lunch with God!" But before his mother could respond, he added, "You know what? God's got the most beautiful smile I've ever seen!"

Meanwhile, the elderly man, also radiant with joy returned to his home. His son was stunned by the look of peace on his face and asked, "Dad, what did you do today that made you look so happy?" The man replied, "I ate Twinkies in the park with God!" However, before his son responded, he added, "You know, he's much younger than I expected."

Epilogue: Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of kindness; all of which have the potential to turn a life around. Love can triumph over evil, if we are willing to sacrifice our time and talents for all those in need and not just the select few we call friends.

Now, enjoy your day of love, and remember to share your root beer and Twinkies!

great reasons to go  
**geothermal**



**We're paying \$1,000/ton cash back**

Install an all-electric geothermal heat pump unit with a minimum 18.5 SEER/3.6 COP and receive a \$1,000/ton rebate from Kiwash Electric Cooperative! Rebate applies to new construction, conversion from gas furnace or an air-source upgrade. *Replacements on existing geothermal systems do not qualify.* Units using a gas back-up system qualify at the air-source unit rebate.

Visit [www.kiwash.coop](http://www.kiwash.coop) or call **800-888-3362** for more details.



A FEW THINGS YOU  
SHOULD KNOW ABOUT

### GoGoGeo offers college scholarships.

Teenagers seeking extra money for college should pick up their smart phone or video camera and make a video. The effort could win them up to \$10,000 in scholarship funds in Touchstone Energy's GoGoGeo Video Challenge. The competition asks teens to produce a brief video that touts geothermal energy. Competition themes and rules are available online at <http://www.GoGoGeoChallenge.com/>. Deadline to enter is February 22, 2013.

### Kiwash Electric Scholarship Contest deadline is April 5, 2013.

Four scholarships of \$500 each will be awarded. Funds may be used at any two- or four-year college or technical school. To enter, applicants are asked to produce a short video or write an essay that focuses on Kiwash Electric's anniversary in some way. The theme is "Kiwash Electric Cooperative Celebrates 75 Years: 1938-2013." Scholarship applications and consent forms are available at [www.kiwash.coop](http://www.kiwash.coop), or contact Lisa Willard at **888-832-3362**.

### Youth Tour set for June 14-20, 2013.

Kiwash Electric will select two high school juniors to represent the co-op on the 2013 Rural Electric Youth Tour. Teens will be selected based on quiz scores and a brief personal interview. Youth Tour applications and resource materials are available at local high schools in Kiwash Electric service territory, or contact Lisa Willard for details at **888-832-3362**. You can also follow us on Facebook!

### YouthPower Energy Camp welcomes entries from eighth graders.

Energy Camp is the perfect opportunity for young teens to build positive leadership skills and increase their understanding of cooperative principles in a fun environment. Energy Camp will take place on May 29 - June 1, 2012 at Camp Hinton. Eighth graders in Kiwash Electric territory are encouraged to team up with a friend and write a brief essay (100 words or more) on the topic, "Kiwash Electric Cooperative Celebrates 75 Years: 1938-2013." Kiwash Electric will select one team (two teens) to attend Energy Camp. For more details, please contact Lisa Willard at **888-832-3362** or visit [www.kiwash.coop](http://www.kiwash.coop).

**Spot a electrical safety hazard?** Let Kiwash Electric Cooperative know by calling **888-832-3362**. Stay a safe distance away from the situation and don't attempt to touch or move anything.

## Recipe Box



### White Chocolate Raspberry Cheesecake

#### INGREDIENTS

1 cup chocolate cookie crumbs	3 tablespoons white sugar
1/4 cup butter, melted	1 (10 oz) pkg frozen raspberries
2 tablespoons white sugar	2 teaspoons cornstarch
1/2 cup water	2 cups white chocolate chips
1/2 cup half-and-half cream	3 (8 oz) pkgs cream cheese, softened
1/2 cup white sugar	3 eggs
1 teaspoon vanilla extract	

#### DIRECTIONS

In a medium bowl, mix together cookie crumbs, 3 tablespoons sugar, and melted butter. Press mixture into the bottom of a 9 inch springform pan.

In a saucepan, combine raspberries, 2 tablespoons sugar, cornstarch, and water. Bring to boil, and continue boiling five minutes, or until sauce is thick. Strain sauce through a mesh strainer to remove seeds.

Preheat oven to 325°F. In a metal bowl over a pan of simmering water, melt white chocolate chips with half-and-half, stirring occasionally until smooth.

In a large bowl, mix together cream cheese and 1/2 cup sugar until smooth. Beat in eggs one at a time. Blend in vanilla and melted white chocolate. Pour half of batter over crust. Spoon 3 tablespoons raspberry sauce over batter. Pour remaining cheesecake batter into pan, and again spoon 3 tablespoons raspberry sauce over the top. Swirl batter with the tip of a knife to create a marbled effect.

Bake for 55 to 60 minutes, or until filling is set. Cool, cover with plastic wrap, and refrigerate for 8 hours before removing from pan. Serve with remaining raspberry sauce. Yield: One 9-inch cheesecake.

Oklahoma

LIVING

65th Anniversary  
Celebratory  
Cookbook

*Submission does not guarantee  
inclusion in the cookbook.*



Submit your best recipes at [www.ok-living.coop/contests](http://www.ok-living.coop/contests) by Feb. 15, 2013

# JOINT SAVINGS

Use your Co-op Connections membership to save 30-50 percent at over 3,000 participating chiropractors nationwide. How's that for an adjustment?

Repetitive motions, heavy lifting and overuse can throw your joints out of whack. If you're not careful, this can lead to more serious injuries. A skilled chiropractor can help alleviate these problems through subtle manipulations of your body frame. Routine visits to a chiropractor have been shown to reduce migraine headaches, sleep problems and more.

For electric cooperative members, chiropractic care is even more affordable, thanks to the Co-op Connections savings program.

By booking an appointment with one of the following local practitioners, you can save 30 to 50 percent on routine visits. Or visit the Co-op Connections website at [www.connections.coop](http://www.connections.coop) to locate hundreds of other participating healthcare professionals in Oklahoma and nationwide.



- ◆ Free initial consultation
- ◆ 50 percent savings on diagnostic services
- ◆ 50 percent savings on X-rays performed on site (if necessary)
- ◆ 30 percent savings on treatment and other services like BioFreeze
- ◆ Unlimited access to care with no limits on the number of visits

## CONNECT WITH PARTICIPATING CHIROPRACTORS

For a complete list of healthcare providers, visit [www.connections.coop](http://www.connections.coop)



Lail Chiropractic Center  
Carl Lail SS  
1402 NW Ferris Ave  
Lawton, OK 73507

Baird Chiropractic Clinic  
Guy T. Baird DC  
1109 W Walnut Ave  
Duncan, OK 73533

Brooks Holifield DC  
2800 Main St  
Vernon, TX 76384

NW Expressway Chiropractic  
Ernest Brooks DC  
2600 NW Expressway, St. Ste B  
Oklahoma City, OK 73112

Chiropractic Arts Center  
Jim R. Muse DC  
6825 S Western Ave  
Oklahoma City, OK 73139

Chiropractic Wellness Clinic  
Ashley Muse DC  
12401 N May, Ste 103  
Oklahoma City, OK 73120

Johnson Chiropractic Clinic  
Jerry Johnson DC  
11914 N Pennsylvania  
Oklahoma City, OK 73120

Richard Edwards DC  
151 E. 33rd Street, Ste 100  
Edmond, OK 73013

Oahc Chiropractic  
Michael Spears DC  
1516 South Blvd  
Edmond, OK 73013

Noble Chiropractic  
Clifford Gilson DC  
1101 Parkwoods Dr.  
Noble, OK 73068



The SWOSU Jazz Festival brings renowned jazz musicians to Weatherford on February 8.

## COMING UP in Kiwash Country

### ■ FEBRUARY

- 2 German Feast and Auction  
208 E. Reimer, Corn. For details, please call 580-343-2262 or 580-774-4070
- 2-3 In Search of Eagles, Quartz Mountain Nature Park, Lone Wolf
- 8 SWOSU Jazz Festival  
SWOSU Fine Arts Center  
Weatherford, 580-774-3217
- 26 SWOSU Panorama welcomes Jack Hanna, legendary animal expert, 7 pm, Fine Arts Center, Weatherford

### ■ MARCH

- 23-24 Clinton's Hub City Market  
Frisco Conference Center, Clinton  
580-323-2222

### ■ APRIL

- 11-13 SWOSU Rodeo  
Don Mitchell Rodeo Arena  
Weatherford, OK 73096  
580-774-3068

## SUBMISSION DETAILS:

Kiwash Electric Cooperative promotes local festivals, rodeos, fairs and other events in our monthly newsletter, *the Kilowatt*. Calendar listings are free.



Please send details to: Lisa Willard, Kiwash Electric, PO Box 100, Cordell, OK 73632, or send e-mail to: [lwillard@kiwash.coop](mailto:lwillard@kiwash.coop). Please send event listings by the 10th of the month prior to publication.

If you have questions about submitting an event, or need to speak with a Kiwash representative about other matters, please call **888-832-3362**, or visit [www.kiwash.coop](http://www.kiwash.coop).